

COURSE SYLLABUS

Spiritual Life Basics

Our Daily Bread Christian University

Course Description

The New Testament challenges each of us to “grow in the grace and knowledge of our Lord and Savior Jesus Christ” (2 Peter 3:18). What does this mean and how do we do this?

The *Spiritual Life Basics* course begins with explaining how to know for sure that you have eternal life through Jesus Christ. Then you learn how to develop and grow in your relationship with Jesus through reading the Bible, learning how to talk to God in prayer, and the importance of being part of a community of believers and sharing your faith in Jesus with other people. Begin growing in the grace and knowledge of Jesus Christ today!

Course Objectives

Upon completion of this course, you should be able to:

1. Explain the motivation for spiritual growth and understand the relationship of prayer, Bible study, fellowship, and witnessing.
2. Understand how to prioritize and cultivate meaningful devotional time.
3. Explain how to enhance your own prayer life and explain how Jesus Christ made prayer a priority.
4. Explain why church involvement is important and understand the benefits and responsibilities of church involvement.
5. Understand techniques for sharing a personal testimony of coming to Christ and explaining the gospel to someone.

Course Methods

Throughout this course, a number of methods will be used to engage the students in learning and processing information, interacting with other students (when possible), and applying the learning to their lives.

Important note about the lesson lectures:

This course uses numerous Scripture references included as support for each point. Students are encouraged to move slowly through each lesson and use the “pause” button, allowing them to look up the related Scripture references. Or as an alternative, students may read the transcript of the lesson to review the Scripture references. This will strengthen understanding of the lesson content.

Lesson Structure

Each lesson is organized in a similar structure. It is important that students review the lesson objectives for each lesson so they will be familiar with the learning outcomes for that lesson. The lesson lectures are available in video or text format. Lessons are structured as follows:

- **Lesson Objectives:** The Lesson Objectives describe the learning outcomes students should achieve by the end of each lesson.
- **Lecture:** Each lesson in this course includes a lecture of approximately 10-25 minutes in length. These instructional lectures can be watched as many times as needed. The same content is available in the lesson transcript (PDF), for students who can benefit from this alternative medium.
- **Quizzes:** Short, interactive quizzes within each video lesson help students test their knowledge along the way.

Course Requirements

Course requirements will be provided by the student's course facilitator, instructor, or leader. For students taking this course independent of a facilitator, this is a self-study course and there are no requirements; students may do as much, or as little work in the course as they like.